

# KNOW YOUR ROOTS

On the next page, you'll notice a set of flash cards. Print 'em and cut 'em out. Not required but VERY useful.

## EXERCISE 1

Draw a card & find that note on the E string AND the A string.

## EXERCISE 2

Same as above, but set a metronome to 60bpm. Give yourself 4 clicks to find each note. You can speed up the metronome to increase the challenge, or reduce the number of clicks... like give yourself 2 clicks instead of 4.

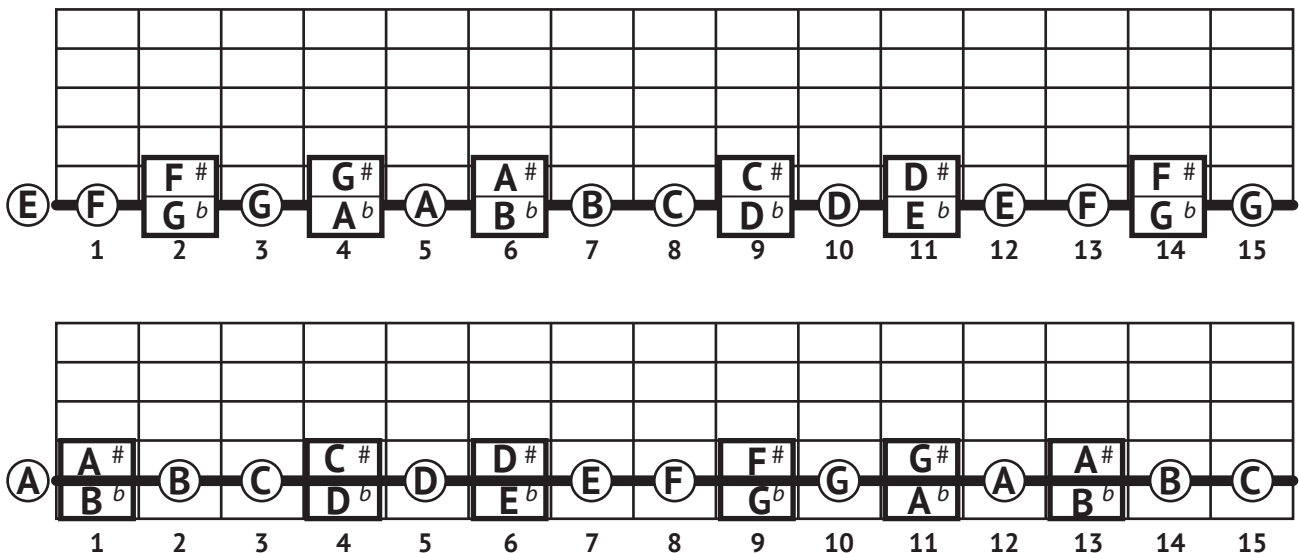
## EXERCISE 3

Do the same as above, but instead of simply playing the note, apply the power chord shape (ring finger is 2 frets higher, on the next string)

## BONUS CHALLENGE!

Do the same as above, but instead of the power chord shape, do a full barre chord shape. This challenge is reserved for those who are familiar with the major and minor barre chords, rooted on the E and A strings. Let me know if you want more barre-chord related challenges.

For your reference, here are all the notes on the E-string and A-string. Use these to check your answers, but try not to rely on them.



**"NOTE NAMING"  
FLASH CARDS**

 **GOOD GUITARIST.COM**

**A**

**A<sup>#</sup>**

**B<sup>b</sup>**

**B**

**C**

**C<sup>#</sup>**

**D<sup>b</sup>**

**D**

**D<sup>#</sup>**

**E<sup>b</sup>**

**E**

**F**

**F<sup>#</sup>**

**G<sup>b</sup>**

**G**

**G<sup>#</sup>**

**A<sup>b</sup>**